

HAPPY GOLFER HAPPY LIFE

Junior Golf Coaching Program



HAPPYGOLFERHAPPYLIFE.COM



Hello Junior Golfers!

I am a mental golf coach, NLP practitioner and "golf therapist".

I have brought a positive influence on many golfers as a coach and a passionate, competitive golfer.

I have worked with golfers at all levels to improve their game and become happier in life using their mind. I coach golfers holistically. I coach for the results my clients want to get.

Many of my clients say they have improved their golf game and become more grounded since they worked with me. I created my unique coaching method through years of my journey as a passionate, competitive golfer. I provide my clients the opportunities to improve their golf game and become happier in all areas of life as they work with me. I love to share happy vibes with everybody around me.

Kumiko

MENTAL GOLF COACH/GOLF THERAPIST

Why Work with Me

Do you know bad shots could be caused by a negative state of mind?

Do you tend to think the poor shots are caused by poor swing (mechanics)?

Your emotions can affect your golf game more than you think!

How about your course management? Are you clear about what to do for every single shot?

How do you handle the pressure? Pressure affects your game and swing.

Are you clear about your goals? If you are, what are you doing to achieve them?

Everything starts with your mind. You can't play without using your mind.

I'll guide you to get the result you want. We go through every area of your game, and you get to know your golf game more than ever and perform at your best, enjoy playing golf and become happier in life!



Coaching for the Results

Identify Your Game

- Your strengths and weaknesses-mechanically, physically, mentally and emotionally
- Identify your limiting beliefs and reframe them
- Level of motivation/dedication/commitment /accountability

Goal Setting

- Set crystal clear goals
- Intentions
- How to achieve your goals

Swing/short game

- Work on your swing using your mind
- How to improve your short game
- How to practice efficiently

Course management

- Play smart
- Play every shot with a purpose
- Pre-shot & post-shot routine



Handle Pressure /Emotions

- Learn how to play at your best under pressure
- How to handle emotions on/off the golf course
- Work on limiting beliefs and mindset

Play at your best and enjoy the game

You become a better golfer, enjoy the game and be happier in life!

Everything Starts with Your Mind

Testimonials

Anahi Servin

2022 NCAA Division II National Champion



Before I met Kumiko, I was struggling a lot with my game. Even though I was practicing twice as much, when the tournaments arrived, I couldn't perform as I knew I could. During one of the first tournaments in my last spring season, I shot one of my highest scores ever in college.

I was so frustrated with my game, I couldn't understand what was going on because I was hitting the ball solidly, my swing felt harmonious, but in my mind, I wasn't at peace.

I was putting a lot of pressure on myself because it was my senior year, and I was worrying too much about not being good enough. After my highest round, I decided to work more on my mental game, since I felt the swing and golf talent was there and that I could do so much better with guidance.

She didn't just tell me to think "shot by shot" as everyone says, instead, Kumiko made me analyze what was I thinking before every shot, she helped me to start thinking how I was going to make a birdie in every tee box that I approached.



I not only started to consistently shoot low scores, but I also finish my college career by winning the National Championship, which wouldn't have been possible if I didn't meet Kumiko.

I'm very grateful for all that she has taught me, and I'm excited for the continuous improvement of my game with the help of Kumiko.

-Anahi Servin

How It Works

ZOOM OR ANY VIDEO CALLS

We meet weekly or by-weekly for the sessions

*During the first session, we assess your game, set clear goals and make plans how to work towards achieving your goals.

ASSIGNMENTS

- Assignments before/after practice
- Assignments before/after the round and submit your scorecards and stats

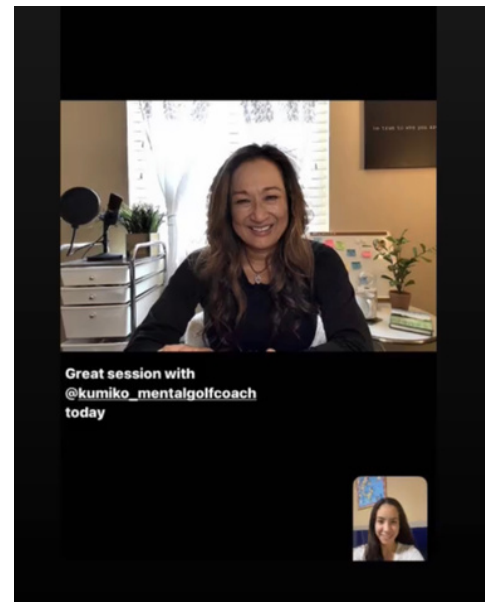
*communicate between the sessions via text messages or emails.

UNLIMITED COMMUNICATION

Unlimited communication via text messages, emails and short phone calls as needed.

YOU ARE THE ONE WHO IS SITTING IN THE DRIVER'S SEAT!

I'm here to coach, guide and help you to get the results and achieve your goal but you are the one who is sitting in the driver's seat! You need to commit and be accountable.



*"The Most Important
Shot in Golf is The
Next One."*

-Ben Hogan

*"Be yourself. Play
within yourself. Play
your own game."*

-Harvey Penick

Additional Services



On-course session

This is where you can provide additional services and/or products to your clients.

Coaching at the tournament

I walk with you, observe your game, and have a coaching session after the round.

Zoom Session with parent(s)

Support parent(s). It can be challenging to support your junior golfers. (I was a junior golfer's mom as well)

Let's Get Started!

Please contact me by email or schedule a call! I'll answer any questions.
Let's start working together and make your dream come true!

CONTACT ME!

<https://www.happygolferhappylife.com/let-s-chat>

Email: info@happygolferhappylife.com

I'm here to guide you to become a golfer you
want to be and play at your best!

Kumiko

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